

PRE OP INSTRUCTIONS

Patients who have a clear understanding and expectation level before surgery have a greater peace of mind. The following instructions and information will help you prepare yourself and ensure that your oral surgery goes smoothly.

1. You may not have anything to eat or drink (including water) six (6) hours prior to the appointment. You should, however take any medications that your doctor has directed you to take before your surgery with a small sip of water.
2. Make arrangements to have someone bring you to your appointment and wait in the office to drive you home after your appointment. **YOU MUST HAVE AN ADULT STAY WITH YOU AFTER THE SURGERY. YOU MUST NOT BE LEFT UNATTENDED.**
3. Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes. Contact lenses (non-extended), jewelry, dentures, and nail polish must be removed.
4. Call the office as soon as possible if you have any of the following “cold: or “flu” symptoms such as:

Stuffy nose
Sore throat
Cough
Sinus drainage
Fever

5. A parent or guardian must sign for and come with anyone who is a minor under 18 years of age.

Special Instructions:

Your appointment for surgery is on

_____ at _____.

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